

Has anyone in your family had any of the following? None

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- Diabetes
- High Blood Pressure
- High Cholesterol
- Thyroid Disorder
- Heart Disease
- Stroke
- Mental Illness
- Osteoporosis
- Breast Cancer
- Colon Cancer
- Ovarian Cancer
- Other _____

Have you ever gotten a period? Yes No If no, skip to next section.

How old were you when you got your first period? _____

What was the date that your last normal period began? _____

Please complete the following sentence regarding your periods during the last year:

I get my period every ____ days and it lasts for ____ days. On my heaviest day I use ____ maxi-pads/
tampons. I get cramps with my period. Yes No If yes, how severe are they on a scale
of 1(mild) - 10(severe)? ____

Have you gone through menopause? Unsure Yes No If no, skip to next section.

At what age? _____

Have you had any bleeding since then? Yes No

Have you ever taken hormone replacement? Yes No

Do you currently take hormone replacement? Yes No

If yes, what do you take? _____

Are you having any symptoms of menopause? Yes No

- If yes, which ones?
- Hot flashes
 - Mood changes
 - Vaginal dryness
 - Insomnia
 - Other _____

Have you ever been pregnant? Yes No

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If yes, how many times have you been pregnant? _____

How many living children do you have? _____

How many full term (37+ weeks) live births? _____

How many preterm (less than 37 wks) live births? _____

How many induced abortions? _____

How many spontaneous miscarriages? _____

How many ectopic (tubal) pregnancies? _____

How many stillbirths? _____

Any multiple gestations (twins, triplets, etc)? _____

Are you planning on getting pregnant? Yes No

If yes, when? _____

Do you or your partner(s) use any kind of birth control? Yes No Not Needed

If yes, what kind? _____

Are you satisfied with this method? Yes No

Could you be pregnant today? Yes No

What sexually transmitted infections have you had in the past?

- Gonorrhea
 - HIV/AIDS
 - Syphilis
 - Chlamydia
 - Genital Herpes
 - Genital Warts/HPV
 - PID (Pelvic Inflammatory Disease)
 - Oral Herpes
 - Trichomonas
 - Other _____
- Have you had the HPV vaccine? Yes No

Have you ever had sex? Yes No (If no, skip to next section)

Currently your sexual partner(s) are: (check all that apply) None

Men Women Transgender FTM Transgender MTF

When was the last time you had sex? _____

In the past year how many sexual partner(s) have you had? _____

Currently how many sexual partner(s) do you have? _____

Do you only have sex with each other? Yes No

Are you practicing "safer sex"? Always Never Sometimes

Do you think you or your partner(s) have a sexually transmitted infection now? Yes No

Are you having any difficulties with your sex life? Yes No

When was your last?

Cervical Pap Smear Unsure Never

Have you ever had an abnormal pap? Yes No

Mammogram Unsure Never

Sexually Transmitted Infection Testing Unsure Never

HIV testing Unsure Never

Bone Density Test Unsure Never

Colorectal Cancer Screening Unsure Never

Colonoscopy Unsure Never

Cholesterol/Glucose/Thyroid Labs Unsure Never

Date Results

Date	Results

Have you ever used tobacco? Yes No If yes, how often?

Daily or almost daily Less than monthly

Weekly Quit How long ago? _____

Monthly Never

How often in the past year have you had an alcoholic beverage?

Daily or almost daily Less than monthly

Weekly Never

Monthly

Have you ever been addicted to alcohol? Yes No

How often in the past year have you used marijuana/cannabis, an illegal drug or a prescription drug for non-medical reasons?

Daily or almost daily Less than monthly

Weekly Never

Monthly

What substance(s)? _____

Have you ever been addicted? Yes No

Patient Signature _____ **Date Signed** _____